

13 Stone Divination Process - How to Guide

1. Gather your materials:
 - ❖ Your set of 13 divination stones.
 - ❖ A divination cloth.
 - ❖ Your medicine bundle.
 - ❖ Smudge.
 - ❖ Spirit water.
 - ❖ Candle.
2. Open sacred space. Set up your materials. Welcome your client.

Casting the Stones.

3. As the two of you sit down together, open your 8th Chakra over yourself and then over your client.
4. **Begin with a conversation.** Discover what is challenging your client. Why have they come to see you today? Where are they stuck, struggling, etc.

During this conversation, you listen and you track. Yep, they happen at the same time.

Look for patterns. Pay attention to what's happening within your body, look for places where their story doesn't connect, notice where, when and if they fidget or get uncomfortable. Ask questions that invite them to go a bit deeper.

The purpose of this conversation is to activate the energy hooked around the story they are telling you and living.

Keep this conversation relatively short with the focus being that you are inviting your client to set an intention for their divination.

You are discovering what your client would like some deeper insight around?

Great questions to open this conversation and move it forward:

What's been happening in your life?

What's amazing in your life?

What's not so amazing? Or . . .

Where do you feel like you're getting stuck or hung up?

Is there something specific that you feel like you're struggling with?

5. Once you feel like your client is focusing their energy around something specific, then begin to support them in focusing their language. This is more natural for some people than for others. I often find that suggesting an intention (based upon what they have shared with me) is very helpful.

If you suggest an intention make sure that you create space for a little word smithing around it, that they have space to adjust the words and find words that resonate for them.

6. Once your client has set an intention, invite them to exhale that intention into ALL 13 Stones using a minimum of 3 breaths.
7. Have your client return the stones to you.
8. Cast them on your divination cloth.
9. Begin reading. Use the template to support you in deepening into the messages of the stones. Where a stone falls, the stones it is next to, how you feel as you look at them, what you see, all of it is important. Pay attention.
10. Pick a stone that grabs your attention and begin the reading there. Share what you see, know, feel, sense, hear, smell, etc.
11. Repeat with all 13 stones.
12. You may also find that you want to share insight with your client about the past present and future aspects or about the three worlds. You may also wish to look at the four directions and see what the reading offers for your client from that perspective.
13. As you read, make sure that you are mapping what you share in a way that leaves your client feeling empowered and ready for what showed up. This is especially important as you are wrapping up the reading.

Great questions to ask yourself as you read:

- How can I lovingly and compassionately word this reading so that it touches upon the very real challenges and experiences showing up for them?

- How can I guide the message in a way that leaves them feeling ready to soar?

14. Spend a bit of time with your client creating a plan or a map of practices that are both natural and easy to integrate into their daily life so that they soar in their life.

15. **Closing your session:**

- ❖ Pull off your 8th Chakra from your client. Then close it yourself.
- ❖ Pick up your divination stones and spritz them with a little spirit water to cleanse it.
- ❖ Spritz your divination cloth with spirit water.
- ❖ You may wish to also smudge both your divination stones and cloth. Go for it.
- ❖ Put your divination stones back into your medicine bundle.

16. Offer your client gratitude and send them on their way.

17. Close sacred space.

18. Do a little clearing of your space . . . spritz it with spirit water, smudge, play so music, ring a bell, etc. I like to do multiple things post session.

19. Next, take some notes and do a bit of personal reflection around your experience as a shamanic practitioner.
