

October Reflection Ritual

1. Where is my soul inviting me to focus my energy today?

2. Do I have any leaky energy?
Where?

How can I call my energy back?

3. Is there anything for me to honor and let go of today

4. Are there any back doors for me to close or things to bring to completion?

5. What does it mean to me to welcome magic into my everyday life?

6. How am I experiencing life differently as I honor my soul and refocus my energy?

