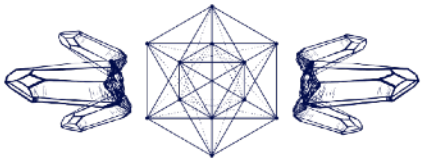
July Reflection Ritual

1. Garnet invites us to recognize, receive, and celebrate the abundance in our lives. Let's do that. Drop into your heart and invite all that is abundant in your life to make itself known. Take notes here:

2. What day to day routine(s) is Garnet inviting you to breathe new life into?

3. What is 1 juicy thing you can do today that will create a sense being deeply rooted?

4. How would your roots like to be nurtured and nourished?

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